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IMPORTANT NOVEMBER RECRUITING DATES

11-1: SAT registration postmark date for December 2nd test.

11-3: ACT registration postmark date for December 9th test.

11-4: SAT test

11-8: Basketball (early) initial signing date for NLI

11-8: All other sports (except Football) (early) initial signing date for NLI

11-15: Basketball (early) final signing date for NLI

11-15: All other sports (except Football) (early) final signing date for NLI

11-16: ACT late registration date postmark date for March 10th test

RECENT ADDITIONS TO CPOA Pennsylvania

Kelsey Ciarimboli – Softball – Greensburg Central Catholic

NCAA News

Early Signing Period Starts Nov. 8

The National Letter of Intent early signing period begins Wednesday November 8th and runs through November 15th.

Student-athletes who sign a National Letter of Intent with a college that participates in this program must sign during this period if they are going to sign

early. A few sports do not have an early signing period, most notably football, and they will sign in February. The late signing period begins on April 11, 2007.

James Madison University drops 10 sports

James Madison University will eliminate 10 of its 28 intercollegiate athletics teams at the end of the academic year to comply with Title IX, the law banning sex discrimination at colleges that receive federal funds.

The Board of Trustees at the NCAA Division I school in Harrisonburg, VA, announced last month seven men's teams and three women's squads will be cut effective next July 1, according to *The NCAA News*.

This fall, 61 percent of James Madison's student population is female and 39 percent is male, but among its athletes, only 51 percent are women and 49 percent are men. One of the three ways schools can comply with Title IX is through "proportionality", where athletic teams mirror the makeup of the undergraduate student body.

The seven men's teams to be cut are archery, cross-country, gymnastics, indoor track, outdoor track, swimming, and wrestling. Three women's teams to go are archery, gymnastics, and fencing. Once the cuts are made, the gender balance on the remaining teams will exactly match that of the overall student population, the university said. A total of 144 students now participate in the sports to be eliminated. Three full-time and eight part-time coaches will lose their jobs. Of the students in the cut programs, just eight were receiving scholarships. The university said it would continue to finance those scholarships until the student's graduate.

In NCAA Division III, **Franklin and Marshall College** in Lancaster, PA, is adding women's rowing as the school's 27th varsity sport.

Financial News

3-Year Trends

Tuition increases getting smaller, "tuition discounting" remains the same

The size of tuition and fee increases at four-year public colleges declined for the third year in a row, while the average tuition discounting at private schools remains about the same according to separate reports released last month. According to the College Board's annual tuition survey, for the 2006-7 academic year, tuition at four-year public colleges increased 6.3 percent, its smallest rise in five years. The price of attending a four-year private college rose by 5.9 percent. Tuition and fees at two-year public colleges increased by 4.1 percent, a rise slightly above the rate of inflation.

Despite the smaller increases, the College Board's report shows the price tag for attending college -- which is up 35 percent from five years ago -- is still high by historic standards.

The average published cost of tuition and fees at four-year public colleges for 2006-7 rose by \$344, to \$5,836 a year, while the average sticker price at four-year private colleges now comes in at \$22,218, a \$1,238 increase over last year. Tuition at two-year colleges for 2006-7 increased by only \$90 on average, amounting to total tuition and fee charges of \$2,272.

Realize this is tuition and fees only and does not include books and room and board and other charges incident to the university experience. In addition, most students do not pay the published tuition price.

In an article in *The Chronicle of Higher Education*, Sandy Baum, a senior policy analyst at the College Board, argues that "net tuition" -- what student's pay after grant aid and tax benefits are taken into account -- is a far more accurate measure of the actual cost of attending college. Data collected from some 2,700 institutions show that students at public four-year colleges now pay an average of \$2,700 in net tuition and fees. From 1996-97 to 2002-3, the net price of attending a four-year public college declined or kept pace with inflation. Now, because grant aid -- particularly government aid -- has been outpaced by costs, the net price is rising even more rapidly than published tuition prices.

By contrast, the net price of tuition at four-year private colleges -- where students receive a greater amount of institutional aid -- has increased more slowly than the published price over the past decade. The average actual price of attending a four-year private college is now \$13,200.

At two-year public colleges, after grants and tax benefits are taken into account, students now pay less than \$100 on average in net tuition and fees. After adjusting for inflation, the net price for two-year public colleges is actually lower than it was ten years ago.

Data collected by the College Board indicate that, to compensate for rising tuition costs and inadequate grant aid, students are becoming increasingly dependent on private loans to finance their education. In 2005-6, private loans accounted for 20 percent of all education borrowing, a dramatic increase over 10 years earlier when they constituted only 4 percent of total borrowing. Private student loans now total \$17.3-billion, an amount roughly comparable to the loans distributed to undergraduates last year through the federal government's subsidized and unsubsidized Stafford Loan programs. Those amounts were \$19.9-billion and \$16.6-billion, respectively.

The data also show that students graduating with a bachelor's degree in 2003-4 came out of college with a median educational debt of \$19,300.

Meantime, the average "tuition-discounting rate" for the fall of 2005 -- the most recent year for which numbers are available -- was roughly the same at private colleges as it was two years earlier, according to a survey by the National Association of College and University Business Officers.

Tuition discounting is a form of financial aid in which colleges award institutional grants to individual students, regardless of need, to reduce their cost of

attending. The tuition-discounting rate is the average proportion of tuition and mandatory fees the grants cover.

The discount rate for full-time freshmen in 2005 was 38.6 percent, compared with 38.8 percent in 2003, meaning when discounts are given to students they cover on average more than one-third of the tuition sticker price!

On average, 83.5 percent of full-time freshmen received an institutional grant in 2005, compared with 82.8 percent in 2004. Those grants covered an average of 47.1 percent of tuition and mandatory fees in 2005, compared with an average of 46.4 percent in 2004.

CPOAPA News

Ist Annual Baseball Showcase Huge Success

College Prospects of America and St. Vincent College recently teamed to produce a Baseball Showcase for '07 – '08 grads at St. Vincent College. Despite chilly and windy conditions, the event was very productive and successful. 50 players from PA and Ohio participated in the event and displayed their talents before college coaches who were on site to evaluate their talents.

Coach Mick Janosko and his team were outstanding in the field preparation and hospitality throughout the day.

Current CPOA clients that were in attendance and fared very well were as follows:

Andrew Armstrong – Trinity
Mike Deems – New Brighton
Mike Eonta – Seneca Valley
Nick Hogue – Greater Latrobe
Brian Newmeyer – Greater Latrobe
Brent Heckel – Greater Latrobe

CPOA PA Topic of the Month I

CPOA teams with Strength, Fitness and Speed, Inc.

<http://www.strengthfitnessandspeed.com>

Pleasant Hills Facility - Hosmer Industrial Park - 347A Old Curry Hollow Road - Pleasant Hills, PA 15236 – 412-653-7970

North Irwin Facility - 92 Webster Avenue - North Irwin, PA 15642 – 724-863-2800

Strength, Fitness and Speed, located in Pleasant Hills and North Irwin is owned and operated by Mr. Ed Wietholder a certified professional strength and conditioning specialist.

At Strength, Fitness And Speed, he and his staff work with athletes ages 9 through the Olympic and Professional ranks.

Step 1) Evaluate: The athlete receives a functional assessment. The Sports Performance Director designs a routine specifically for that individual based on results and sport. If work is needed to be tracked for the athlete outside of the facility, this is also an option (see at home tracking). The athlete receives a report that explains the results of the assessment.

Step 2) Implement: Performance coaches implement these routines during 1 on 1 sessions. The results of the assessment as well as the athlete's sport, age and position have been taken into account. Athletes train here 1-5 times per week. We strive to set up long term relationships to facilitate total development.

Step 3) Ongoing evaluation: Performance coaches evaluate as we go, provide feedback to the Performance Director, and adjustments are made workout to workout based on sport season by the Performance Director. Each workout has been specifically altered to accomplish certain goals. Testing is done at approximately 8-week intervals initially.

Step 4) Performance reports: These will be sent out periodically to show progress

CPOA PA Topic of the Month II

CPOA teams with Champion Lakes Golf Resort

Any organization or group (min. 4 individuals) wishing to play Golf at one of the areas premier courses, can take advantage of this special offer by calling Dale

Gregoritch of Champion Lakes @ 724-238-5440 and mentioning that they were referred by Martin Rock of College Prospects of America.

GOLF OUTING INFORMATION FOR: SCHOLASTIC/NON PROFFIT ORGANIZATIONS

Champion Lakes Golf Club will donate \$5.00 per golfer to the representative organization on any outing played on Monday/Tuesday or Wednesday (before noon), holidays excluded.

We will provide the following:

- Shotgun Start (depending on the size of the outing)
- Permissible to bring "donated" beverages
- Driving Range available
- On-site over-night accommodations at a reduce rate to those participating in the outing.
- Halfway house/beverage carts for snacks etc.
- Golf rates w/cart - \$39 weekdays & \$44 weekends (18 holes)

OVER-NIGHT GOLF PACKAGES

Valid Sunday, Monday & Tuesday nights – Holidays excluded)

THE BILL MAZEROSKI DOUBLE PLAY

- Unlimited Golf w/Cart for Two Days
- On-Site Bed & Breakfast Accommodation
 - Full Breakfast
 - Lunch
- \$5.00 donation to organization
 - Price: \$140.00
- (\$120. Oct. 15th thru May 15th)

THE JERRY LYNCH THREE BAGGER

- Three days of golf w/cart
(2 unlimited at Champion Lakes)
- 18 Holes at Partner Course
(Hidden Valley Golf Club, Tom's Run Golf Course, Donegal Highlands)
- Two Nights of Accommodations at on-site Bed & Breakfast
 - Two Complete Breakfasts
 - Two Lunches
- \$5.00 donation to organization.

- Reservations Required
- Over Night Accommodations based on Double occupancy
- Tax & Gratuity Not Included

CONTACT SHEETS

Remember to keep track of all questionnaires, calls, etc from college coaches with the contact sheets found in your STUDENT PACKET. Email me at martin.rock@cpoapa.com if you need additional copies!

NCAA ELIGIBILITY CLEARINGHOUSE

Every CPOA PA Student-Athlete has received a NCAA Guide for the College Bound Student Athlete as part of the STUDENT PACKET you received when you joined the program. In this guide, you find instructions on how to apply for your NCAA Eligibility Clearinghouse Number. Eligibility is based on what core courses have been completed, SAT scores and overall GPA in core courses. NCAA approved core courses, by high school, can be found at <http://actr7.act.org/ahs>. STUDENTS APPLY FOR THEIR NCAA ECN AT THE END OF THEIR JUNIOR YEAR. HOWEVER, IT IS A GOOD IDEA TO REVIEW ELIGIBILITY AS EARLY AS THE SOPHOMORE YEAR TO ENSURE THE CORRECT COURSES HAVE BEEN COMPLETED! For more information about the process, email martin.rock@cpoapa.com for a NCAA Guide or call 888-ASK-CPOA (CPOA Program Members Only).

INTERNET UPDATES

If you have update information for your Internet profile, please forward to martin.rock@cpoapa.com. Remember that you automatically receive (2) two free updates per year. If you've upgraded your program to receive unlimited updates you can send updates every day/week if you'd like. Updates take approximately 72 hours to be made online.

REFERRAL PROGRAM

Do you know of a high school student athlete with the ability to perform at the collegiate level? A teammate from high school? Club team? From the newspaper? If so, contact your CPOA representative at martin.rock@cpoapa.com and if that athlete signs with CPOA PA, **you receive a \$25 referral fee!**

Season End Updates

Attention fall sport athletes, your season end update forms which were mailed to you are **now overdue**. There are hundreds of coaches out there awaiting an update on your stats, awards and accomplishments from the past season. Please complete these and return to your CPOA representative immediately.

RECRUITING SEMINARS

CPOA Pennsylvania is planning to conduct several recruiting training sessions over the next few months. These sessions will include the basics of the recruiting process, how to choose the right college, review of NCAA rules and regulations, and how to best navigate this important process of college selection. Please let us know if you have interest in hosting one of these sessions for your teammates (students/parents) or teams/booster clubs (coaches).