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## **IMPORTANT JANUARY RECRUITING DATES**

**6: SAT Late Registration postmark date for January 24<sup>th</sup> test.**

**6: ACT registration postmark date for February test.**

**15: Football (mid-year JC Transfer) final signing date for National Letter of Intent.**

**16: ACT late registration postmark date for February 7<sup>th</sup> test.**

**24: SAT Test**

## **Recruiting Topic of the Month**

### **DECLINING or NEGOTIATING INVITATIONS FOR VISITS, CAMPS, TRY OUTS etc.**

Colleges will be contacting you with invitations for visits to their school and for camps, try outs etc. There is a limited amount of time and money that can be used for this purpose. I suggest in the beginning of the recruiting process you first visit those most likely to generate an offer to you based on your visit with them. This is true whether you attend there or not. These will be programs you are POSITIVE you can qualify for academically and compete for a roster spot in your sport. Follow those up with programs you'd like to play for but aren't sure you can compete at that level.

It will be necessary for you to decline some of these invitations because they are too far away, cost too much; you have no interest in them etc. However, you need to keep them interested in having you visit, try out etc. for as long as possible. Call me with any questions about the reasoning for this. You can

accomplish this by using the method below:

- Thank them for their invitation.
- Find out when the next opportunity is for you to take part again.
- Explain why you can't attend this time IE: Playing a sport that is in season, other commitments, too expensive, need more time due to travel distance etc.
- Ask them if you can attend for a reduced rate.

NOTE - Be sure whoever is inviting you has a copy of your profile and most current competition schedule. Invite them to scout you in person.

### **RECENT ADDITIONS TO CPOA Pennsylvania**

**Jessie Vilkosky – Soccer – Elizabeth Forward**  
**Dylan Wassel – Baseball – Elizabeth Forward**  
**Derek Hillegas – Golf – Mars**  
**Drake Greer – Football – Bishop Canevin**  
**Max Pawk – Lacrosse – Sewickley Academy**  
**David Thieshen – Swimming – Bethel Park**  
**Quinn Hood – Football – Baldwin**  
**Tenesha Corrales – Soccer – Kiski Area**  
**Chelsy Cosentino – Softball – Kiski Area**  
**Ale Zozos – Softball – Vincentian**  
**Toby Nave – Football / Lacrosse – Greater Latrobe**

### **NCAA News**

The average score of 2008 high-school graduates who took the ACT examination dropped slightly while the average SAT score remained the same as the previous year, according to reports from each testing agency.

The average ACT score dipped to 21.1, down from last year's record high of 21.2, but equal to the 2006 average. The test is scored on a scale from 1 to 36.

An optional writing section is scored separately.

The ACT is comprised of four sections: mathematics, reading, science, and English. Of the four, the average English dropped the most – one percentage point.

ACT officials attribute the dip in the average scores to a large increase in the pool of test takers. This year, 1.42-million high-school seniors took the test—a 9-percent increase over last year.

The increase in test takers occurred in both traditionally strong ACT states and on the coasts. Because its writing portion is optional, the ACT test is both cheaper and shorter than the SAT.

The average SAT scores for the class of 2008 were 502 for the critical-reading section, 515 for mathematics and 494 for writing. Each of the three numbers was identical to the averages in 2007.

The combined scores remain at the lowest level so far in the current decade. The reading scores of the past two years were the lowest since 1994. Math represented the worst showing since 2001.

Each section is judged on a 200-to-800-point scale.

More than 1.5 million students from the high-school class of 2008 took the SAT, 2% more than in 2007 and 8% more than five years ago

### **Sports Sponsorships**

**University of Delaware**, NCAA Division I in Newark, Del., is dropping men's indoor track and adding women's golf beginning in the fall of 2009.

**Columbus State University**, NCAA Division 2, in Columbus, GA, is adding four sports for the fall of 2009. They are men's and women's track and field, women's golf and a co-ed rifle team.

**Adams State College**, NCAA Division 2 in Alamosa, Colo., is adding five sports over the next two years. Men's golf, men's soccer and women's swimming and diving will become varsity sports in 2009-10. Women's lacrosse and men's swimming and diving will be scholarship sports in 2010-11.

**Notre Dame College**, NAIA in Cleveland, Ohio, continues the trend of boosting enrollment through sports. Among the teams recently added are: baseball, bowling, golf and diving for men, and lacrosse for women. Our Cleveland-based franchise owner, Gary Kadow, tells us that NDC has added 17 sports in the past 10 years!

### **CPOAPA News**

#### **CPOA Clients Sign with Colleges**

**Matt Vogt – Golf – Butler University**

**Maria Montini – Softball – University of Pittsburgh (Johnstown)**

**Chrissy Esachina – Swimming – United States Military Academy**

**Luke Niezelski – Swimming – Stevens Institute of Technology**

### **CONTACT SHEETS**

Remember to keep track of all questionnaires, calls, etc from college coaches with the contact sheets found in your STUDENT PACKET. Email me at [martin.rock@cpoapa.com](mailto:martin.rock@cpoapa.com) if you need additional copies!

### **NCAA ELIGIBILITY CLEARINGHOUSE**

Every CPOA PA Student-Athlete has received a NCAA Guide for the College Bound Student Athlete as part of the STUDENT PACKET you received when you joined the program. In this guide, you find instructions on how to apply for your NCAA Eligibility Clearinghouse Number. Eligibility is based on what core courses have been completed, SAT scores and overall GPA in core courses. NCAA approved core courses, by high school, can be found at <http://actrs7.act.org/ahs>. STUDENTS APPLY FOR THEIR NCAA ECN AT THE END OF THEIR JUNIOR YEAR. HOWEVER, IT IS A GOOD IDEA TO REVIEW ELIGIBILITY AS EARLY AS THE SOPHOMORE YEAR TO ENSURE THE CORRECT COURSES HAVE BEEN COMPLETED! For more information about the process, email [martin.rock@cpoapa.com](mailto:martin.rock@cpoapa.com) for a NCAA Guide or call 888-ASK-CPOA (CPOA Program Members Only).

### **INTERNET UPDATES**

If you have update information for your Internet profile, please forward to [martin.rock@cpoapa.com](mailto:martin.rock@cpoapa.com). Remember that you automatically receive (2) two free updates per year. If you've upgraded your program to receive unlimited updates you can send updates every day/week if you'd like. Updates take approximately 72 hours to be made online.

### **REFERRAL PROGRAM**

Do you know of a high school student athlete with the ability to perform at the collegiate level? A teammate from high school? Club team? From the newspaper? If so, contact your CPOA representative at [martin.rock@cpoapa.com](mailto:martin.rock@cpoapa.com) and if that athlete signs with CPOA PA, **you receive a \$50 referral fee!**

### **Season End Updates**

Attention all fall sport athletes, your season end update forms which were mailed to you are **now overdue**. There are hundreds of coaches out there awaiting an update on your stats, awards and accomplishments from the past season. Please complete these and return to your CPOA representative immediately.

### **RECRUITING SEMINARS**

CPOA Pennsylvania is planning to conduct several recruiting training sessions over the next few months. These sessions will include the basics of the recruiting

process, how to choose the right college, review of NCAA rules and regulations, and how to best navigate this important process of college selection. Please let us know if you have interest in hosting one of these sessions for your teammates (students/parents) or teams/booster clubs (coaches).